



## *Farm Camp @ Montclair Community Farms*



### ABOUT

Farm Camp is held at Montclair Community Farms\* and supports youth development by promoting a positive interest in nature, historical living, and agriculture. Our mission is to provide the best camp experience for youth, while also providing a beneficial learning experience about food, animals, our earth, and its agricultural past. Camp sessions are similar in topic but divided by age to offer relevant activities for each week of camp. Our campers have the chance to be in the garden each day and participating in activities related to each age level's theme. This year the Montclair Community Farms, Montclair History Center, and Rutgers Cooperative Extension 4-H will be partnering for all camp sessions.



### PARENT FACTS

- Youth must be potty trained to participate.
- Camp will be held rain or shine and we will do our best to keep the camp out-doors. In cases of light showers, youth will be provided with ponchos and camp will continue outside. In cases of storms, youth will be inside.
- Snacks will be provided and various foods from the garden will be offered for taste tests. **Please be sure to include any food allergies or restrictions on the registration.**
- Any sun protection needs must be mentioned to camp staff.
- Youth will be playing outside and may get their clothes dirty and wet.
- Youth should bring a bagged lunch M-F each week.

Montclair Community Farms is a partnership of community organizations including; Montclair History Center, Montclair State University, Rutgers Cooperative Extension (4-H and Master Gardeners), HomeCorp, and the Montclair Department of Health and Human Services and is sponsored in part by Partners for Health, the USDA and families in the community. The mission of the MCF is to provide community members with access to affordable, local, organic food and education about sustainable organic farming and food sponsored in part by Partners for Health and the USDA.

### Camp Details

#### **Down on the Farm: Experience farm life in suburban New Jersey.**

June 26 through June 30: ages 4 to 6 from 9 am to 12:30 pm. *Friday pick up at 2 pm*, field trip to Van Saun by bus.

#### **Homegrown Living: Connecting to each other, the community, and the farm.**

July 17 through July 21: ages 6 to 9, from 9 am to 1 pm. *Friday pick up at 3 pm*, field trip to Fosterfields by bus.

#### **Back to the Future: Learning from the past to make a better future.**

July 31 through August 4: ages 9 to 11 from 9 am to 1 pm. *Friday pick up at 4 pm*, field trip to Sussex County Fair by bus.

#### **Farm To Table: Lean to plant, harvest, share and enjoy local grown food.**

August 28 through September 1: ages 7 to 11 from 9 am to 5 pm. *Friday pick up at 5 pm*, field trip to Rutgers 4-H Farm by bus.

- Counselor in Training opportunities are available for ages 12-16. Youth willing to serve as peer mentors while participating in camp activities are welcome to register at a half price rate.
- **We will accept campers 6 months younger or older than stated**
- **Youth will be back on site at a later time on Friday each week.**
- **Youth 12+ can ask about our Urban Farm Youth Club**
- **Cost is \$250/week, all age levels for half-day camps. Cost is \$450 for the full day camp week. Early bird discount \$25**
- **Contact us about payment assistance scholarships**
- **8:30 am drop off available for all weeks for a \$25/child fee**
- **All camp fees are nonrefundable.**

**Camp will be held at the**

**Montclair Community Farm Site at the Montclair Historical Society**

**108 ORANGE ROAD, MONTCLAIR NJ 07042**

**Registration begins March 12<sup>th</sup>, forms available @**

[www.essex.njaes.rutgers.edu/4h/](http://www.essex.njaes.rutgers.edu/4h/)

**Contact the 4-H office for more details:**

[essex4h@njaes.rutgers.edu](mailto:essex4h@njaes.rutgers.edu)

*Camp proceeds further the missions of the Montclair Community Farms.*



### Field Trip Week 1: Van Saun County Park

Within its 146 acres, Van Saun County Park offers a wide-range of activities that is sure to please the group. Some of its popular attractions include the nationally accredited Bergen County Zoological Park, the historic Washington Spring Garden, train, carousel, several age-appropriate playgrounds and picnic areas. (<http://www.co.bergen.nj.us>).

9:00am - Registration at Montclair Community Farm

10:00am - Arrive at Van Saun

12:00pm - Picnic Lunch

2:00pm - Youth are ready for pick up at Montclair Community Farm

\*Parent/Chaperones are welcome to join us on the trip.

### Field Trip Week 2: Foster Fields Living Historical Farm

Experience the past at Fosterfields Living Historical Farm. Life from 1918-1927 is evoked through activities on the farm, in the 1920s Farmhouse, at The Willows, at Miss Foster's cottage, The Temple of Abiding Peace, and in the Transportation Exhibit. On the farm, witness seasonal planting, cultivating, and harvesting. (<http://morrissparks.net/>)

9:00am - Registration at Montclair Community Farm

10:30am - Arrive at Foster Fields

12:00pm - Picnic lunch

3:00pm - Youth are ready for pick up at Montclair Community Farm

\*Parent/Chaperones are welcome to join us on the trip.

### Field Trip Week 3: Sussex County 4-H Fair

Youth will meet with 4-H teens and leaders from Sussex County at their fair to learn about their experience raising livestock. After a tour through the animal tents, youth will break into small groups for a chance to enjoy other fair activities. (<http://www.njstatefair.org/>)

9:00am - Registration at Montclair Community Farm

10:30am - Arrive at Sussex County Fair

12:00pm - Picnic lunch and group free time to enjoy the fair

4:00pm - Youth are ready for pick up at Montclair Community Farm

\*Parent/Chaperones are welcome to join us on the trip.

\*\*Youth can bring spending money for games or snacks

### Field Trip Week 4

#### Farm Tours on Rutgers Cook Campus

The Farm Tour trip is aimed at guiding youth to learn about the cattle, goat, horse, pig, and sheep facilities on Sheepfold Lane. This site is located off Route 1 on College Farm Road on Cook Campus at Rutgers University, New Brunswick, NJ ([farmtours.rutgers.edu/](http://farmtours.rutgers.edu/))

9:00am - Registration at Montclair Community Farm

10:30am - Farm Tour

12:00pm - Lunch at the Rutgers Gardens

1:30pm - Bamboo Forest Tour

5:00pm - Youth are ready for pick up at Montclair Community Farm